

Prep School Menu A	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Spaghetti Bolognaise Minced Beef In A Rich Ragu Sauce Served With Spaghetti Pasta (G)	Sweet & Sour Chicken Diced Chicken Breast In A Tangy Vegetable Sauce (C)	Salad Day Diced Chicken	Roasted Turkey Carved Turkey Breast In Gravy	Cod Fish Fingers Cod fillet In Golden Breadcrumbs (G) (F)
Meat-Free Zone	Veg Bolognaise Vegetarian Alternative Served With Spaghetti Pasta (S)	Sweet & Sour Quorn Diced Quorn Pieces In A Tangy Vegetable Sauce (E)	Cheese Beans Tuna	Cheese Pastry Cheese & Onions In A Puff Pastry (W) (M)	Quorn Dippers Quorn Pieces In A Soft Batter (E)
Additional Items	Spaghetti With Cheese GF Available	Penne Pasta with basil (G)	Bread Roll (G)		Vegan Fingers (G)
Halal (stunned)		Halal Roasted chicken			
Accompaniment	Spaghetti / Penne Sweetcorn Broccoli	Rice Sweetcorn Peas		Roast Potatoes Cabbage Carrot Gravy	Baby Roasted Potato Peas Sweetcorn Tomato Ketchup
Dessert	Jam & Coconut Sponge Lemon Sponge Yoghurts	Flapjack Jam Tarts Peaches Yoghurts	Iced Choc Chip Sponge Banana & Toffee Loaf	Chocolate Sponge Toffee Sauce Fruit Crumble Peaches & Pineapple	Doughnuts Blueberry Muffins