

EDGBASTON

HIGH SCHOOL *for* GIRLS



- Red – Meat Dishes
- Green – Vegetarian
- Yellow – Vegan
- Blue - Fish
- Black - Halal

Winter Senior School Menu B

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
		Pasta Day!		Roast Dinner Thursday!	
Meat Option	<u>Katsu Chicken</u> <i>Panko Crumbed Chicken Breast Served With Sweet Curry Sauce</i> (W) (S)	<u>Pasta Day</u> <i>Create your own Dish by Selecting A Sauce to Accompany Your Pasta</i> (G)	<u>Cajun Chicken</u> <i>Dry Marinated Chicken Fillet Served With A Warm Tortilla</i> Tortilla Contains (G)	<u>Roasted Turkey</u> <i>Carved Turkey Breast Traditionally Seasoned</i>	<u>Southern Fried Chicken</u> <i>Chicken Fillet Coated In Herbs & Spices</i> (G)
Meat Option	<u>Chilli Beef con Carne</u> <i>Minced Beef with Red Kidney Beans In a Chilli Sauce</i>	Choose From.... ● <u>Beef Bolognaise (G)</u>	<u>Cod Fish Cake</u> <i>Classic Fish Cake In A Golden Crumb</i> (F) (G) (M)	<u>Steak Pie</u> <i>Diced Chuck Steak In a Rich Gravy Topped With Puff Pastry</i> (G)	<u>Cod Fish Fingers</u> <i>Golden breaded cod fillet fish fingers</i> (G) (F) (M)
Vegan	<u>Vege Con Carne</u> <i>Plant Based Mince in a lightly spiced Mexican Sauce</i>	<u>Vegan Herby Pesto</u> (G)	<u>Tofu Stir Fry</u> <i>Diced Tofu Marinated In Chinese 5 Spice & soy Fried With Oriental Vegetables</i> (S)	<u>Falafel</u> <i>Falafel Served On A Bed Of Fragrant Pilau Rice</i>	<u>Quorn Vegan Chunks</u> <i>Vegan Quorn In Breadcrumbs</i> (W)
Vegetarian	<u>Cheesy Nachos</u> <i>Nachos With Salsa & oozing Melting Cheese</i> (G) (M)	<u>Creamy Carbonara</u> (G) (M)	<u>Cheesy Folded Omelette</u> <i>Folded Omelette Packed With 3 Cheeses</i> (E) (M)	<u>Cheese & Potato Pie</u> <i>Classic creamy crushed potato mixed with mature cheddar and baked.</i> (M)	<u>Quorn Nugget Wrap</u> <i>Mixed leaf salsa and Quorn nuggets</i> (W) (E)
Halal (stunned)	<u>Katsu Chicken</u> <i>Panko Crumbed Chicken Breast Served With Sweet Curry Sauce</i> (W) (S)		<u>Cajun Chicken</u> <i>Dry Marinated Chicken Fillet Served With A Warm Tortilla</i> Tortilla Contains (G)	<u>Roasted Chicken Breast</u> <i>Roasted Halal Chicken Breast</i>	<u>Chicken Fillet Strips</u> <i>Inner Fillet Breast Hand Coated In Panko Crumbs</i> (G)
Baked Potato & Deli Bar	<u>Baked Potato & Deli Bar</u> <i>With A Choice Of Fillings, Salad & Accompliments From Deli Bar</i>	<u>Baked Potato & Deli Bar</u> <i>With A Choice Of Fillings, Salad & Accompliments From Deli Bar</i>	<u>Baked Potato & Deli Bar</u> <i>With A Choice Of Fillings, Salad & Accompliments From Deli Bar</i>	<u>Baked Potato & Deli Bar</u> <i>With A Choice Of Fillings, Salad & Accompliments From Deli Bar</i>	<u>Baked Potato & Deli Bar</u> <i>With A Choice Of Fillings, Salad & Accompliments From Deli Bar</i>
Sides	Rice Potatoes Vegetables	Butter New Potatoes Garlic Bread Mixed Vegetables	Parsley Potato Sliced Leeks Sweetcorn	Roasted Potatoes Country Mixed Vegetables Carrot batons	New Potatoes Peas Mixed Vegetables
Desserts	A selection of hot and cold desserts will be available Daily	A selection of hot and cold desserts will be available Daily	A selection of hot and cold desserts will be available Daily	A selection of hot and cold desserts will be available Daily	A selection of hot and cold desserts will be available Daily