



- Red – Meat Dishes
- Green – Vegetarian
- Yellow – Vegan
- Blue - Fish
- Black - Halal

Menu A	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Soup</u>	Seasonal Vegetable	Curried Lentil	Tomato	Mushroom	Tomato
Meat Option ●	<u>Turkey Meatballs</u> <i>Turkey Meatballs In A Rich Tomato Sauce Mixed With Pasta</i> (G)	<u>Beef Ragu Pasta Bake</u> <i>Beef Ragu Combined With Pasta</i> (G)	<u>Sweet & Sour Chicken Cantonese Style</u> <i>Battered chicken pieces in a sweet & tangy sauce (G) (C) (M)</i>	<u>Roasted Beef</u> <i>Steam Roasted Carved Top Rump Served With Yorkshire Pudding</i>	<u>Tandoori Chicken Naan</u> <i>Diced Chicken Breast Marinated In Tandoori Spices Served With A Folded Naan (G)</i>
Meat Option ●	<u>Paprika Chicken</u> <i>Chicken Breast In Spices With Potatoes & Peppers</i>	<u>Macaroni Cheese Bake</u> <i>Cheesy Cream Sauce With Macaroni Bakes With Extra Cheese</i> (G) (M)	<u>Beef Fried Rice</u> <i>Strips Of Beef & Oriental vegetables with soy sauce & five Spice with rice</i> (S)	<u>Roasted Chicken</u> <i>Traditionally served with sage & onion seasoning</i>	<u>Freshly Battered Cod</u> <i>Cod Fillet in A Crisp Bubbly Batter</i> (G)(M)(F)
	<u>Vegetable Biryani</u> <i>Mixture of vegetables and rice mixed in curried spices</i>	<u>Tomato Pasta Bake</u> <i>Classic Tomato & Basil Dressed Pasta</i> (G)	<u>Mushroom & Vegetable Chinese Curry</u> <i>Chunky Mushroom & Vegetables In A Sweet Chinese Curry Sauce</i> (S)(W)(Mu)	<u>3 Bean Veggie Chilli</u> <i>Mixed beans and vegetables in a subtle spiced sauce</i>	<u>Vegetable & Mushroom Risotto</u> <i>Arborio Rice With Vegetables & Mushrooms In A Tomato Sauce</i>
Vegetarian ●	<u>Cowboy Hot Pot</u> <i>Mixed Beans & Spices Topped With Sliced Potato & Cheese (M)</i>	<u>Tomato Pasta Bake</u> <i>Classic Tomato & Basil Dressed Pasta</i> (G)	<u>Spring Roll</u> <i>Oriental Vegetables enclosed in a crispy pastry</i> (G) (C) (M) (E) (S)	<u>Cheese & Onion Slice</u> <i>Cheddar cheese and onion wrapped in puff pastry (G)(M)</i>	<u>Halloumi One Pot</u> <i>Halloumi & Mixed peppers and Squash</i> (M)
	<u>Hunters Chicken</u> <i>Chicken Breast In BBQ Sauce Topped With Mozzarella (M)</i>		<u>Sweet & Sour Chicken</u> <i>Battered chicken pieces in a sweet & tangy sauce with vegetables (G) (C) (M)</i>	<u>Roasted Chicken</u> <i>Traditionally served with sage & onion seasoning</i>	<u>Tandoori Chicken Naan</u> <i>Diced Chicken Breast Marinated In Tandoori Spices Served With A Folded Naan (G)</i>
Baked Potato & Deli Bar ●	<u>Baked Potato & Deli Bar</u> <i>With A Choice Of Fillings, Salad & Accompaniments From Deli Bar</i>	<u>Baked Potato & Deli Bar</u> <i>With A Choice Of Fillings, Salad & Accompaniments From Deli Bar</i>	<u>Baked Potato & Deli Bar</u> <i>With A Choice Of Fillings, Salad & Accompaniments From Deli Bar</i>	<u>Baked Potato & Deli Bar</u> <i>With A Choice Of Fillings, Salad & Accompaniments From Deli Bar</i>	<u>Baked Potato & Deli Bar</u> <i>With A Choice Of Fillings, Salad & Accompaniments From Deli Bar</i>
Sides ●	<i>New Potatoes/Rice/Naan Mixed Vegetables Mixed salad</i>	<i>New Potatoes / Garlic Bread Mixed Vegetables Mixed Salad</i>	<i>Salt & Pepper Potatoes Baked Beans Mixed Salad</i>	<i>Roasted Potatoes Mixed Vegetables</i>	<i>Crushed Potatoes Mixed Vegetables Mixed Salad</i>
Desserts ●	<i>Hot and cold desserts always available and change daily</i>	<i>Hot and cold desserts always available and change daily</i>	<i>Hot and cold desserts always available and change daily</i>	<i>Hot and cold desserts always available and change daily</i>	<i>Hot and cold desserts always available and change daily</i>



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<u>Menu B</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<u>Soup</u> 	Tomato	Mushroom	Leek & Potato	Tomato	Lentil
Meat Option	<u>Katsu Chicken</u> Panko Crumbed Chicken Breast Served With Sweet Curry Sauce (G) (S) (Mu)	<u>Pasta Day</u> Create your own Dish by Selecting A Sauce to Accompany Your Pasta (G)	<u>Chicken Noodles</u> Chinese Marinated Chicken With Noodles & Vegetables (G) (E) (S)	<u>Roasted Turkey</u> Carved Turkey Breast Traditionally Seasoned	<u>Piri Piri Kebabs</u> Chicken Breast Kebab Marinated In Lemon & Herb Sauce (G)
Meat Option	<u>Chicken Lasagne</u> Minced Chicken In A Tomato Ragù With Cheese Topping (G)(M)	<u>Beef Bolognese</u> (G)	<u>Fish Burger</u> Haddock Fillet In A Golden Crumb (F) (G) (M)	<u>Steak Pie</u> Diced Beef With Mixed Vegetables In Gravy Topped With Puff Pastry	<u>Spicy Chicken Fillet Burger</u> Chicken Fillet In A Spicy Coating (G)
	<u>Vegan Nachos</u> Nachos With Vegan Sauce & Vegan Cheese (G)	<u>Vegan Herby Pesto</u> (G)	<u>Cauliflower & Chickpea Curry</u>	<u>Moroccan Falafel</u> Moroccan Spiced Falafel Served On A Bed Of Fragrant Pilau Rice	<u>Vegan ChiQin Wings</u> Quorn Protein Shaped Wings (W)
Vegetarian	<u>Cheesy Nachos</u> Nachos With Salsa & oozing Melting Cheese (G) (M)	<u>Creamy Carbonara</u> (G) (M)	<u>Oriental Noodles</u> Egg Noodles With Oriental Vegetables (G) (E) (S)	<u>Cheese & Potato Pie</u> Classic creamy crushed potato mixed with mature cheddar and baked. (M)	<u>Quorn Nugget Wrap</u> Mixed leaf salsa and Quorn nuggets (G)
	<u>Katsu Chicken</u> Panko Crumbed Chicken Breast Served With Sweet Curry Sauce (G) (S) (Mu)		<u>Cajun Chicken</u> Dry Marinated Chicken Fillet Served With A Warm Tortilla Tortilla Contains (G)	<u>Roasted Turkey</u> Roasted Halal Turkey	
Baked Potato & Deli Bar	<u>Baked Potato & Deli Bar</u> With A Choice Of Fillings, Salad & Accompaniments From Deli Bar	<u>Baked Potato & Deli Bar</u> With A Choice Of Fillings, Salad & Accompaniments From Deli Bar	<u>Baked Potato & Deli Bar</u> With A Choice Of Fillings, Salad & Accompaniments From Deli Bar	<u>Baked Potato & Deli Bar</u> With A Choice Of Fillings, Salad & Accompaniments From Deli Bar	<u>Baked Potato & Deli Bar</u> With A Choice Of Fillings, Salad & Accompaniments From Deli Bar
Sides	Basmati Rice Potatoes Vegetables	Butter New Potatoes Garlic Bread Mixed Vegetables	Salt & Pepper Potato Sliced Leeks Sweetcorn	Roasted Potatoes Country Mixed Vegetables Carrot batons	Potato Wedges Peas Mixed Vegetables
Desserts	A selection of hot and cold desserts will be available Daily	A selection of hot and cold desserts will be available Daily	A selection of hot and cold desserts will be available Daily	A selection of hot and cold desserts will be available Daily	A selection of hot and cold desserts will be available Daily



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<u>Menu C</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Soup 	Seasonal Vegetable	Curried Lentil	Tomato	Mushroom	Tomato
Meat Option	<u>Chicken Tikka Masala</u> <i>Diced Marinated Chicken Breast In A Mild Curry Sauce With Pilau Rice</i> (M)	<u>Pasta Day</u> <i>Create your own Dish by Selecting A Sauce to Accompany Your Pasta</i>	<u>Lashford Pork Sausages</u> <i>Locally Made Award Winning Lashford Sausage</i> (G)	<u>Roasted Minted Lamb</u> <i>Slow Roasted With Rosemary & Garlic</i>	<u>Pepperoni Pizza</u> <i>50/50 Pizza Base Topped With Tomato Sauce, Cheese & Pepperoni.</i> (G) (M)
Meat Option	<u>Sweet Chilli Chicken</u> <i>Chicken Breast Marinated In A Sweet Chilli Sauce.</i>	<u>Chorizo & Halloumi</u> <i>Chorizo & Diced Halloumi In A Spicy Tomato Sauce</i> (G) (M)	<u>Chicken Pie</u> <i>Diced Chicken Breast With Root Vegetables Topped With Flaky Pastry</i> (G)	<u>Glazed Gammon</u> <i>Carved Gammon Joint Glazed & Roasted</i>	<u>Margarita Pizza</u> <i>50/50 Pizza Base Topped With Tomato Sauce & Cheese</i> (G) (M)
	<u>Vegetarian Meatballs</u> <i>Plant Based No Meat Ball In A Rich Tomato & Herb Sauce</i>	<u>Sun-Dried Tomato Pesto</u> (G)(S)	<u>Vegan Sausage Roll</u> <i>Plant Based Filling Enclosed In A Flaky Pastry</i> (G)	<u>Chinese Vegetable Curry</u> <i>Oriental Vegetables In A Chinese Curry Sauce</i>	<u>Margarita Pizza</u> <i>Gluten Free Stone baked Pizza Base Topped With Tomato Sauce & Vegan Cheese</i> (M)
Vegetarian	<u>Halloumi Sticks</u> <i>Popular Street Food Item, Strips Of Halloumi In A Crunchy Crumb</i> (G) (M)	<u>Tomato & Mascarpone</u> <i>Creamy Tomato Based Sauce</i> (G) (M)	<u>Tikka Paneer</u> <i>Diced Paneer Marinated And Roasted With Onions & Peppers Served With Chapatti</i> (M)	<u>Loaded Potato Skins</u> <i>Potato Skins Filled with Spring Onion & Cheese</i> (M)	<u>Margarita Pizza</u> <i>50/50 Pizza Base Topped With Tomato Sauce & Cheese</i> (G)
	<u>Sweet Chilli Chicken</u> <i>Chicken Breast Marinated In A Sweet Chilli Sauce.</i>		<u>Turkey Sausage</u> (G)	<u>Halal Roasted Lamb</u> <i>Slow Roasted With Rosemary & Garlic</i>	<u>Spicy Chicken Pizza</u> <i>Spicy Diced Chicken Topped Pizza</i> (G)
Baked Potato & Deli Bar	<u>Baked Potato & Deli Bar</u> <i>With A Choice Of Fillings, Salad & Accompaniments From Deli Bar</i>	<u>Baked Potato & Deli Bar</u> <i>With A Choice Of Fillings, Salad & Accompaniments From Deli Bar</i>	<u>Baked Potato & Deli Bar</u> <i>With A Choice Of Fillings, Salad & Accompaniments From Deli Bar</i>	<u>Baked Potato & Deli Bar</u> <i>With A Choice Of Fillings, Salad & Accompaniments From Deli Bar</i>	<u>Baked Potato & Deli Bar</u> <i>With A Choice Of Fillings, Salad & Accompaniments From Deli Bar</i>
Sides	<i>Garlic and Herb New Potatoes Naan Mixed Vegetables</i>	<i>Butter New Potatoes Garlic Bread Mixed Vegetables</i>	<i>Mashed Potato Mixed Vegetables Mixed Salad</i>	<i>Roasted Potatoes Mixed Vegetables Mixed Salad</i>	<i>Twister Fries Or Chips Mixed Vegetables Mixed Salad</i>
Desserts	<i>A selection of hot and cold desserts will be available Daily</i>	<i>A selection of hot and cold desserts will be available Daily</i>	<i>A selection of hot and cold desserts will be available Daily</i>	<i>A selection of hot and cold desserts will be available Daily</i>	<i>A selection of hot and cold desserts will be available Daily</i>

Allergens

FOOD ALLERGIES and INTOLERANCES

Please speak to our staff about the ingredients
in your meal, when making your order.

Thank you.

G Gluten

Se Sesame

Mu Mustard

Eg Egg

Lu Lupin

Ms Molluscs

M Milk

N Nuts

Cr Crustaceans

Sy Soya

F Fish

Ce Celery

SO² Sulphur Dioxide

FOOD HYGIENE RATING



VERY GOOD

Area inspected by food safety officer	Standards found
<p>Hygienic food handling</p> <p>Hygienic handling of food including preparation, cooking, re-heating, cooling and storage</p>	<p>Very good</p>
<p>Cleanliness and condition of facilities and building</p> <p>Cleanliness and condition of facilities and building (including having appropriate layout, ventilation, hand washing facilities and pest control) to enable good food hygiene</p>	<p>Very good</p>
<p>Management of food safety</p> <p>System or checks in place to ensure that food sold or served is safe to eat, evidence that staff know about food safety, and the food safety officer has confidence that standards will be maintained in future</p>	<p>Very good</p>